

# Getting Back on Track - Indoors

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**The BRCA Executive, like other sports governing bodies, has been working with the governing bodies for Sport in the UK to determine how we can manage our sport through this pandemic, it is vital that the following document be read by all.**

Racing was suspended Indoors throughout the UK until the 25<sup>th</sup> July (In England – other countries differed) in order to protect the NHS and save lives. This is in line with practically every sport in the country.

The regulations and procedures that have been agreed to enable our sport to continue are contained in the following pages they are detailed and need to be followed closely, so please take your time and ensure you understand what is required, if in any doubt Ask.

We want to thank all of our community for supporting the need to modify our activities, we appreciate just how difficult this has been for many individuals and clubs.

With practical measures in place, much of our sport has been able to resume. We have all needed to modify the way we have worked in the past and accept these changes in a collaborative and constructive way. We're sure that the ingenuity and passion of the sports community will allow us to navigate the essential requirements to keep everyone safe, but at the same time allow our sport to continue.

## Basic Principles

The guidelines have been established in alignment with government guidance it is understood that this guidance is fluid and can be open to interpretation and also, in the event of a second wave of the virus, the advice may need to be withdrawn or reconsidered

- 1) **Government Legislation** -The BRCA Membership will respect the law and principles of government guidance
- 2) **Respecting Social Distancing** - social distancing is crucial to reducing 'R' and is at the forefront of all restart planning
- 3) **Good Corporate Citizenship** - Positive public perception of our sport is important to ensure cooperation and future growth
- 4) **Respectful to Travel Restrictions** - This plan is respectful that not all UK devolved territories are moving at the same pace and any local lockdowns must be respected.
- 5) **Safety, Safety, Safety!** - Safety is a central intent and in the front of our mind during the execution of this strategy.

## Important Considerations

The UK is still in the midst of a healthcare emergency and it is the Government requirement that we closely follow their advice and guidance in order that as a nation the UK can navigate our way through the current crisis situation.

Life should not feel normal at this time and it is unlikely that the sports community can return to how things were for a long period of time.

Notwithstanding that, with the appropriate checks and measures in place, our sport should be able to continue at this time and it is important for the mental health and physical wellbeing of the community that life goes on as much as normal.

The following are important considerations in getting various parts of the sport up and running at the earliest opportunity.

### 1) Variations to Process

It is likely that systems and processes will need to be modified in order to provide for social distancing with the implementation of some additional checklists and processes.

### 2) Communications

Flexible communication methods will be required, with an increased emphasis on digital engagement both pre and during the event.

### 3) Social Activities

The social aspect of our sport is an important part of the sense of community; however, it is necessary at these times that these be accommodated within the parameters of government restrictions.

**NONE of what follows is the Association 'Making Up Rules' this is all taken from Government Issued Regulations, Information's from the DCMS, Sport England, Motor Sport UK and the devolved National Assemblies.**

**Some of it You won't like, some of it will appear odd, some of it may appear to go against common sense, that is unfortunately what we have to work with as the above bodies do not understand the intricate details of what we do and the regulations are hence written for 'Sport' not any individual bit of it. Some of the regulations are mandatory, the ones that are not and are 'guidance' we can, and have, adjusted (but not omitted) to fit what our activity requires – but event then our sport varies considerably from class to class, for now, we will have to make do as best we can.**

# Guidance for Competitors

Your Club will NOT be operating how it used to, expect to do more prior to any event, expect the event layout to change, expect the pits to change, expect the way you move around to change. in short: - **EXPECT CHANGE.**

## Local Lockdowns

**It is YOUR responsibility to comply with local lockdowns the Association will not be advising you when they apply to you and when they are removed – YOU MUST comply with any and all local restrictions.**

## You MUST Provide: -

Your Own Hi-Viz Waistcoat for Marshalling.

Gloves suitable for Marshalling in – these are principally to protect you from injury (so not latex!) but also a requirement as you're handling somebody else equipment.

Face Masks – these MUST be worn at all times except when eating & drinking – see the separate document on this subject.

A Bottle of Hand Sanitiser.

Disposable gloves to be worn as required.

## Highly recommended to have available: -

Surface Cleaner.

Hand Wipes.

## Essential: -

**A good sense of humour** – this is going to be difficult, the way we work at our events has evolved over decades, that's all just bitten the dust and we have to start again, we have to learn how to do what we do, again.

**Patience** – be patient with your Club Officials and Each Other – you'll probably find that within a day you'll find a method that roughly works for your club, but it'll take time and patience and people will get things wrong – be Patient with each other.

**READ the Guidance for Organisers** – You Need to Know what they will be asking you to do.

# Guidance for Organisers

Against the backdrop of the Government guidance it is anticipated that, for the events to be able to be run safely, there will be significant changes required across all facets of the event organisation.

At the current time it is not anticipated that these will change substantially for the immediate future, however this may change upon further clarification or guidance from the government.

The following guidance is not exhaustive; however, we urge that club and event organisers take a conservative approach towards their interpretation of the guidelines in order to protect competitors & officials.

Additional Questions can be asked at 'Contact Us' on [brca.org](http://brca.org)

## Event Entry

We strongly recommend the use of online event administration systems. There should be no requirement for face to face interaction with a driver on the day to process an entry or anything else, pre-payment should be arranged.

Ensure that the entry process emphasises attendance only if well and NOT exhibiting any COVID 19 symptoms.

Licences / Club membership cards must not be physically checked at the event, use remote verification where possible, self-verification where not.

## At the event - Booking In

We recommend this be done remotely, e.g. by the car passing over the loop at the beginning of practice – or similar.

Payment – prior to the event or, contactless using a card reader.

If You have to use Cash (for anything) then the correct amount dropped into a receptacle.

## Track & Trace

The contact details for all person's present must be collected – Name, contact phone number and contact email address (i.e. a 'contact' may be a parent if a junior)  
For the competitors this may be taken from the entry data with attendance confirmed.

## The Event Officials

PPE requirements as per competitors, Face Masks mandatory.

## **Guidance for Organisers – cont.**

### **The Venue in General**

**This document is principally aimed at Clubs who are hiring a facility – if you lease or own your own building then please visit the Gov.Uk website for further information as to your obligations – though if in doubt please do get in touch and we will assist as required.**

**Your normal Venue may, or may not, decide to open – if they do not; - Respect their decision but do offer to help them as required, it's not an easy subject for venues to adhere too.**

**They will have carried out a Covid-19 risk assessment on the venue, we suggest that clubs should ask for a copy of it to hold just in case it is required.**

**The additional items that the club would include if doing a risk assessment from scratch are covered by what follows.**

You will need to spend some time to determine how to flow people around the venue, do not worry about getting this perfect – just do your best and change it as you see fit, the competitors have been told to expect change.

Communication around the venue will be vital – ensure you can be heard, clearly, across the venue – you will be reminding people of what they need to do.

Build lots of time into your first few event schedules, this will probably mean a lot less people than you would normally accommodate.

Build lots of space into the event / venue plan, this may also mean less people, but accommodating people safely is much more important.

Make sure you've re-costed the event, you'll have more cost and probably less people, do not be concerned if this means it costs us all a little more – it is to be expected.

It may be worth having some 'PPE Kits' available for the people who arrive ill prepared.

Ensure there is not a requirement for Competitors to queue – allow more time to ensure this does not happen.

## **The Pits**

Ensure social distancing can be maintained between competitors in the pits.

Pit tables should be laid out to discourage 'Face to face' and to encourage 'back to back' or 'side to side'.

Limit numbers to ensure social distancing can be respected.

Maintain social distancing when travelling from pits to track, and back to pits – where possible install a 'one way' system round the venue.

Where walkways have a width below the minimum social distance, make one way.

The Pits should be formally laid out – leaving it as a 'free for all' should be avoided as it'll be hard to ensure that social distancing is maintained.

If Competitors use tables and chairs provided by the club, they will need to be disinfected prior to and post the event.

Pay particular attention to the normal Health & Safety concerns in the Pits – we have more issues in the Pits than we have on the Track and dealing with an injury in the pits is not something we want to be having to do.

## **Rostrums**

Where possible – use separate entrance and exits to the rostrum, if your rostrum is low and modular – split it up. if that's not possible then you will need to control the flow of people so people entering are not passing close to people leaving, there should be no requirement to queue.

Unless you have a very large rostrum or it's modular so social distancing can be maintained then face masks will be mandatory, if the rostrum is particularly small then a face shield may be a consideration but this can generate optical issues so the recommendation is to reduce numbers in a race instead.

*As a rough rule of thumb; – centre line of 1<sup>st</sup> person to centre line of 2<sup>nd</sup> – if this is greater than 1.5m then no PPE is required, under then a face mask is mandatory.*

## **Guidance for Organisers – cont.**

### **Marshalling**

All marshals' posts Must be a minimum of 2m apart and for only 1 person.

All marshals must have their own Hi Viz waistcoat

All marshals must have their own Gloves.

Where possible marshals should access their posts and leave the track in a one-way manner and not have to pass each other.

### **Results**

Do not display results in an area where they can be handled.

Preferably distribute them over the internet and encourage people to view remotely.

If this isn't possible, then ensure the viewing location allows an easy flow of people.

Remind people not to crowd when viewing results.

Queries to results via Text or Email to race control.

### **Drivers Briefing (where required)**

Emailed in advance of the event.

If one HAS to be done at the event – then it MUST be held in a large area with the absolute minimum of people present. Social Distancing must be maintained.

### **Race Control**

MUST Not be accessible by anyone other than the key Officials – if enclosed then this should be One Person if at all possible.

There Must be no physical exchange of Paperwork between officials.



## Guidance for Organisers – cont.

### Catering

Indoor Catering – Please see the government guidance for catering businesses - we do not *recommend* any club engage in this activity; competitors should bring their own supplies for their own use.

### Toilets

This is a difficult subject to get concise information on but one that has hopefully been dealt with by the venue for us, if not:-

We should work to the basic principles – keep social distancing in place.

Provide surface cleaner, hand sanitiser and hand wipes.

Restrict multiple occupancy toilets to ensure social distancing.

### Summary

There should be little in this document that comes as a surprise, but hopefully plenty to make you think and that is the main point.

We have to Think about what we're doing.

We have to Plan how we're going to go about it.

We have to expect to have to alter things until we're happy we have something that works

We have to give the time to our fellow racers and officials to allow them to do things differently

We have to be Patient with each other while we all Learn.

And

Do Your Best, simply us all making our best effort to do the best we can to look after each other is all that anybody will ever ask.

### Lastly

**If in Doubt ask – you can always contact the Association via 'Contact Us' or give an official a quick call, none of us will mind as we're all in this together!**